

SWAN-A-THON

5K Walk/Run & 100 yard Kids Waddle

SATURDAY, MAY 25, 2019

La Cygne, Kansas

This event benefits Grady Kid's which provides financial support to assist with costs endured for Linn County families of children with injuries and illnesses.

Prizes Awarded to Overall Male/Female and 1st/2nd Place by age group for 5k Run

Check in: **7:30 am**
5K Start Time: **8:00 am**
100 yard Kids Run: **9:00 am** (ages 10 and under)
Race Location: La Cygne Christian Church; 406 North Broadway; La Cygne, KS 66040
Entry Fees: 5K Walk/Run (5yr- up): \$25 (Early Registration), \$30 (Day of Race)
100 Yard Kids Waddle is Free
Event Coordinator: Diane Stainbrook dstainbrook@firstoptionbank.com

Please make checks payable to "Grady's Kids"

First Name: _____ Last Name: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Cell Phone: _____ Email: _____

Race Day Age: _____ Circle Gender: Male Female

Circle T-Shirt Size (Adult Sizes): Small Medium Large XL 2XL 3XL

Waiver of Liability and Release: The person participating in the event or any related activities, and for this or her heirs, administrators, executors and assigns, hereby (1) acknowledges that this event and related activities are potentially hazardous and represents that he or she is physically fit and sufficiently trained to participate; (2) accepts and assumes any and all risks associated with participation, including without limitation falls, contact with other participants traffic and weather and course conditions; (3) agrees that the Sponsors, City of La Cygne, La Cygne City Councilmen, Park Board Committee, Swanfest Committee, La Cygne 150 Committee, Chamber of Commerce, and landowners of this event or related activities, and their respective officers, directors, employees, representatives, officials, agents, workers and volunteers, will not be liable to the participant or any other person or entity for, and the participant will save harmless and indemnify the sponsors of this event of related activities, and their respective officers, employees, representatives, officials, agents workers and volunteers, from and against, any and all claims, loss, liability, damage, cost, expense, death or injury to persons or property that may result from his or her participation in this event or related activities; and consents to the use of his or her name, picture and/or image on any broadcast, telecast, or electronic or print media accounts of this event or related activities. If the participant is under 18 years old, his or her parent/guardian agrees to all of the foregoing on behalf of the participant. If over 18 with a legal guardian, his or her guardian agrees to all of the foregoing on behalf of the participant.

Participant Signature: _____ Date: _____

Parent/Legal Guardian's Signature for participants under 18 yrs Old: _____

Relationship to Participant under the age of 18 yrs old: _____

Send this Form and Payment (checks payable to "Grady's Kids" to:
Swanathon / First Option Bank; Attn: Diane Stainbrook; PO Box 429; La Cygne, KS 66040